



Leadership Expert · Disruption Strategist & Innovator · NTY Bestselling Author · Keynote Speaker

AT A GLANCE

35+ Years of Experience	2 Best-Selling Books	15+ Countries Reached	105K+ Social Followers	250+ Podcast Guests
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ABOUT PATRICK

Patrick Leddin, PhD is a leadership expert, disruption strategist, and innovator whose career spans more than three decades of leading teams, building companies, and studying what it truly takes to turn change into opportunity. His expertise is forged in the field as a Platoon Leader and Company Commander in the elite 82nd Airborne Division and U.S. Army Master Parachutist, and later as an advisor to senior executives at KPMG Consulting and FranklinCovey giving him a uniquely practical and battle-tested perspective that few can match.

As a New York Times bestselling author and in-demand keynote speaker, Patrick has shared his frameworks with audiences across the globe and what sets him apart is as much how he delivers as what he delivers. Known for storytelling that resonates long after the applause fades, Patrick has a rare gift for making complex research feel personal, practical, and immediately actionable. Whether on stage, in the boardroom, or in the classroom at Vanderbilt University, he brings scholarly rigor and real-world credibility together in a way that moves audiences from inspiration to action and from where they are to where they're capable of being.

AUTHOR

*Co-author of the instant New York Times Bestseller **Disrupt Everything and Win** — written alongside the world's bestselling author, James Patterson.*

Published Works:

- **Disrupt Everything and Win** — Instant New York Times Bestseller, USA Today Best Seller
- **The 5-Week Leadership Challenge** — Wall Street Journal Bestseller
- **Expect a Lot, Care a Lot**

KEYNOTE SPEAKER, CONSULTANT & COACH

Patrick is a world-class keynote speaker and consultant who has presented to audiences and partnered with organizations across four continents — including the United States, Canada, China, Malaysia, Singapore, Great Britain, Germany, Denmark, Belgium, Iceland, Aruba, and Guam. Audiences consistently describe Patrick as equally inspiring and approachable, someone who makes you feel like the ideas he's sharing were made specifically for you.

ENTREPRENEUR

Patrick and his wife Jamie are accomplished entrepreneurs with a track record of building businesses that deliver real impact. In 2001, they founded Wedgewood Consulting Group, Inc., which grew into an Inc. 5000-recognized company with offices across multiple cities, sustaining double-digit annual revenue growth for over a decade before being successfully acquired in 2012. In 2018, they launched the Leddin Group, LLC, a consultancy dedicated to helping leaders and teams reach their full potential. Most recently, Patrick founded Disruptive Insights in 2024, the home base for his most ambitious work yet. In collaboration with James Patterson, the world's bestselling author, Patrick co-authored *Disrupt Everything and Win*, drawing on interviews with more than 350 disrupters across industries, backgrounds, and walks of life to uncover what it truly takes to create positive change. But the stories don't stop on the page. Patrick is now building a movement, inviting people everywhere to share how they are positively disrupting their own lives, whether in their careers, relationships, health, or personal growth. It's an open call to the community: your story matters, and the disruption starts with you.

PODCASTER & MEDIA PRESENCE

The Disruption Lab Podcast: From Fortune 500 executives and entrepreneurs to parents, creatives, and everyday unsung heroes, Patrick explores what it really looks like when real people choose to disrupt their own lives — in their relationships, their health, their passions, and everything in between.

The Leadership Lab Podcast: Top 1.4% globally; 120+ guests including Stephen M.R. Covey, Patrick Lencioni, Marshall Goldsmith, and James Patterson

Community: 102,000+ engaged followers across social platforms and growing. Beyond the numbers, Patrick is actively building the Positive Disrupter Movement, a community-driven initiative that invites people from all walks of life to share their own stories of positive disruption and inspire others to make bold, purposeful change in their own lives.

The Disrupt Everything Newsletter: Focused on cultivating positive disruption in both life and work, Patrick delivers insight, stories, and practical frameworks twice a week to a growing community of nearly 30,000 subscribers, making it one of his most direct and personal touchpoints with readers who are ready to make bold, intentional change.

As Seen On: Patrick's expertise and thought leadership have earned him a seat at the table on some of the most respected media platforms in the world, including Fox Business — Varney & Co. and CNBC — Squawk Box, where he has spoken to millions of viewers on leadership, entrepreneurship, and the power of positive disruption. His insights have resonated across both business and mainstream audiences, further establishing him as one of today's most relevant and sought-after voices on disruption, leadership, and intentional change.

ACADEMIC CREDENTIALS

Patrick serves as Executive Fellow and Founder of the Disruption Project at Vanderbilt University, a research initiative dedicated to understanding how high-profile and unsung leaders alike not only survive disruption, but use it as a catalyst. Previously, he served as Director of the Practice of Business Studies at Vanderbilt University, deeply embedded in Vanderbilt's innovation ecosystem. Patrick also served as an Advisor at The Wond'ry, Vanderbilt's Center for Innovation, where he worked directly with entrepreneurial teams in the Innovation Garage, helping the next generation of builders and problem-solvers bring bold ideas to life.

It was through this work that Patrick developed and coined the concept of Positive Disruption — the intentional, empowering choice to challenge the status quo in your own life, not out of crisis or chaos, but out of clarity and courage. Positive Disruption isn't about blowing everything up, it's about making the bold, purposeful moves that lead to a better version of yourself, your relationships, and your work. His teaching philosophy has always reflected this belief, translating rigorous research into frameworks that are as practical as they are transformative, giving students and leaders alike the confidence to stop fearing change and start using it.

PhD, Strategic and Organizational Communication — University of Kentucky

PERSONAL

Patrick calls Nashville, Tennessee home, where he lives with his wife Jamie, his partner in life and business for over 30 years. They are the proud parents of two adult children, a son-in-law, a daughter-in-law, and two grandchildren. An avid outdoorsman and mountain climber, Patrick has summited Mount Kilimanjaro — and draws constant inspiration from the parallels nature offers to leadership and life.

BOOKING & MEDIA INQUIRIES

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